

5th Grade Study Guide

Know the Mass (in order)

1. The Introductory Rites
2. The Liturgy of the Word
3. The Liturgy of the Eucharist
4. The Communion Rite
5. The Concluding Rites

Know the Ten Commandments

1. I am the Lord your God; **you shall not have any other Gods before me.**
2. You shall not; **use the name of God in vain.**
3. Remember to keep; **holy the sabbath.**
4. Honor your; **Mother and Father**
5. You shall not; **kill.**
6. You shall not commit; **adultery**
7. You shall not; **steal.**
8. You shall not bear false witness; **against your neighbor.**
9. You shall not covet; **your neighbor's wife.**
10. You shall not covet; **your neighbor's goods.**

Key Vocabulary

- **Venial Sin** — A less serious sin that weakens a person's relationship with God.
- **Mortal Sin** — A very serious sin that separates a person from God.
- **Holy Week** — The week before Easter that remembers Jesus' Passion, death, and resurrection.
- **Holy Thursday** — The day commemorating the Last Supper.
- **Good Friday** — The day Jesus died on the cross.
- **Easter Sunday** — The celebration of Jesus rising from the dead.
- **Lent** — The 40-day season of preparation before Easter.
- **Apostles** — The twelve special followers chosen by Jesus.

Quick Facts to Remember

- Lent starts with **Ash Wednesday**.
- Jesus died on **Good Friday**.
- Jesus rose on **Easter Sunday**.
- The Last Supper happened on **Holy Thursday**.
- Holy Week happens **before Easter**.

The Sacramental Life - These will be open-ended questions on the test.

Core Themes to Talk About:

- **The Sacramental Economy:** Sacraments are visible signs instituted by Christ to give us invisible grace (God's very life).
 - *Baptism* washes away original sin and marks us permanently as children of God, grafting us into the Church community.
 - *Reconciliation* is needed throughout our lives because even though we are baptized, we still mess up and need to hear the real words of absolution (forgiveness) to heal our souls.
- **The Real Presence (The Eucharist):** Catholics do not believe the bread and wine are just symbols. Through the power of the Holy Spirit at Mass (*Transubstantiation*), they truly become the Body, Blood, Soul, and Divinity of Jesus Christ. When we receive Communion and say "Amen," we are saying "I believe this is truly Jesus, and I agree to live like Him."
- **The Sunday Obligation:** Mass is not optional for Catholics. Missing Mass on Sunday intentionally without a serious reason (like illness or a true emergency) is a serious matter because it means we are prioritizing our own schedules over our relationship with God and our parish community.
- **The Sending Forth:** The Mass ends with the Concluding Rites, where the priest tells us to go out and preach the Gospel. We receive Jesus in the Eucharist precisely so we have the spiritual fuel to change the world outside the church doors.
- **The 8th Commandment in the Digital Age:** "*Do not bear false witness*" means protecting the truth. Today, this applies heavily to group chats, texting, and school rumors. Spreading gossip or staying silent when someone is being cyber-bullied violates this commandment.

Practice Scenario to Discuss: *Think about the last time you received Holy Communion. How should that moment change the way you speak to your parents on the car ride home, or how you handle a difficult classmate on Monday morning?*

Know the **Apostles Creed**. It will be a "fill in the blanks" with a word bank.

I believe in God, the Father Almighty, creator of heaven and earth, and in Jesus Christ his only son, our Lord, who was conceived by the Holy Spirit born of the Virgin Mary, suffered under Pontius Pilot, was crucified, died, and was buried. He descended into hell. On the third day he rose again from the dead. He ascended into heaven and is seated at the right hand of God the Father Almighty; from there he shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.